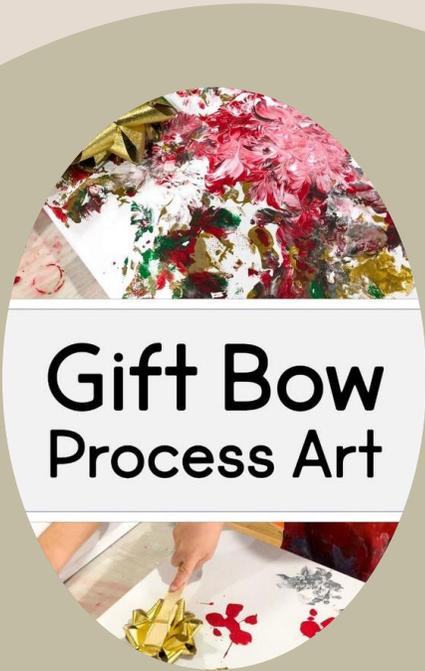




25 Days of Christmas: Sensory Play Edition

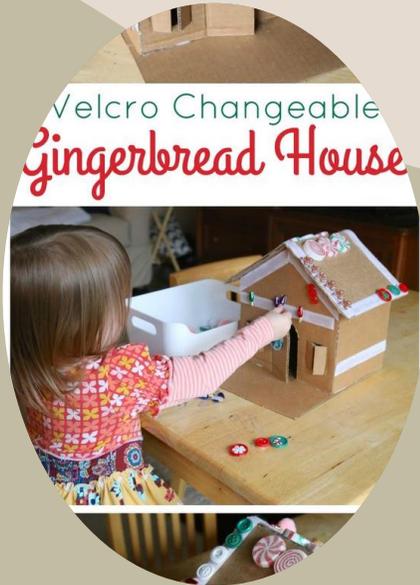
A Balanced Alternative LLC

Types of Sensory Play



**Gift Bow
Process Art**

PROCESS ART



Velcro Changeable
Gingerbread House

BUILD YOUR OWN

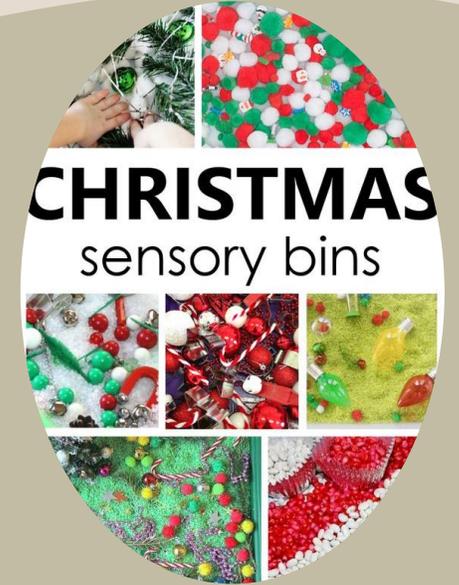


Contact
Christ.
Tr

STICKY WALLS



ENGAGING SENSES



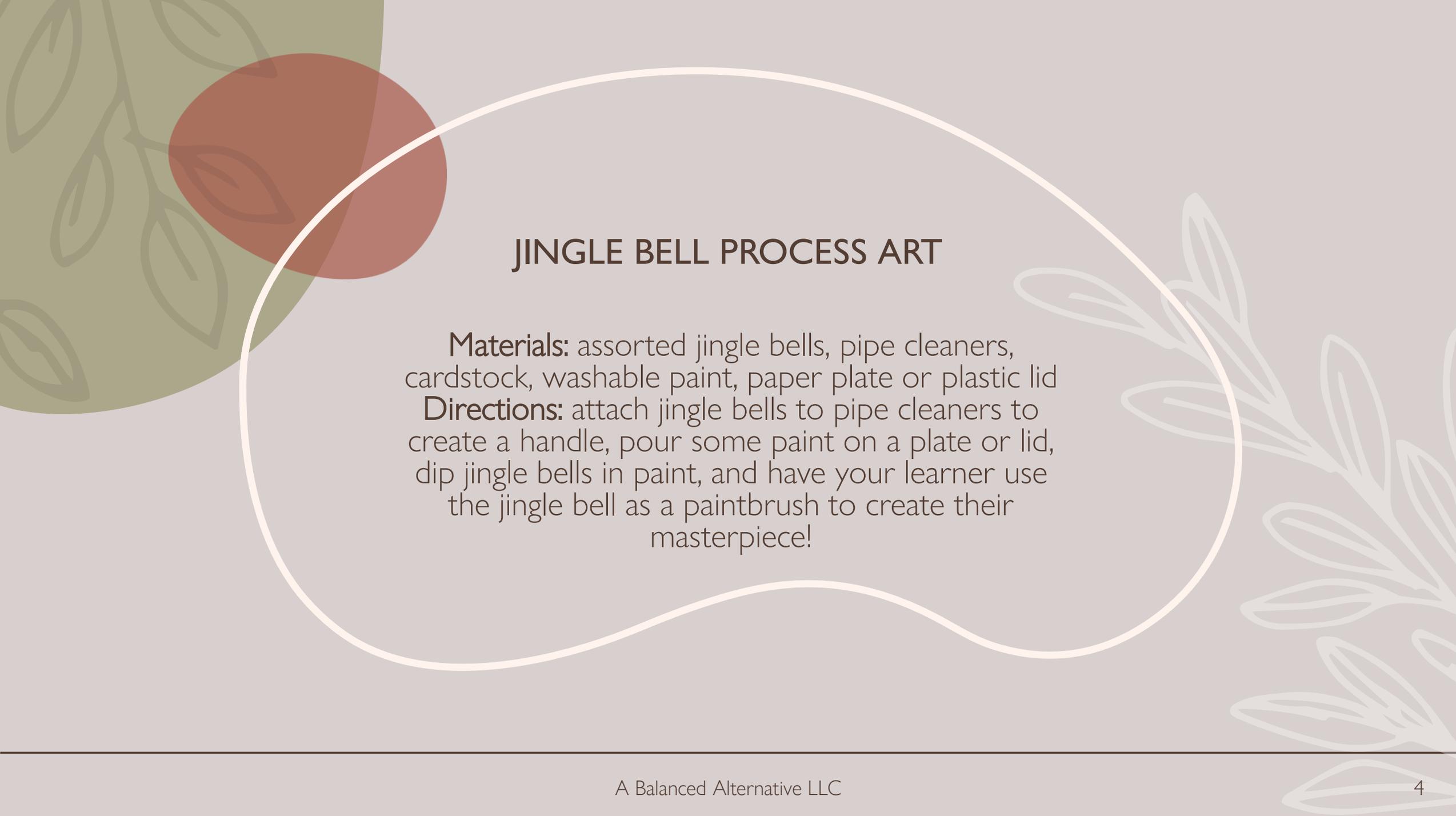
**CHRISTMAS
sensory bins**

SENSORY BINS

Jingle bell
process art

PAINT
with
JINGLE
BELLS!





JINGLE BELL PROCESS ART

Materials: assorted jingle bells, pipe cleaners, cardstock, washable paint, paper plate or plastic lid

Directions: attach jingle bells to pipe cleaners to create a handle, pour some paint on a plate or lid, dip jingle bells in paint, and have your learner use the jingle bell as a paintbrush to create their masterpiece!

Jingle bell building





JINGLE BELL BUILDING

Materials: assorted jingle bells, magnetic tiles

Directions: have your learner use magnetic tiles and jingle bells to create a masterpiece!

See if they can build a Christmas Tree!

Ugly sweater sticky wall



CHRISTMAS SWEATER
Sticky Wall
fun & easy Christmas activity



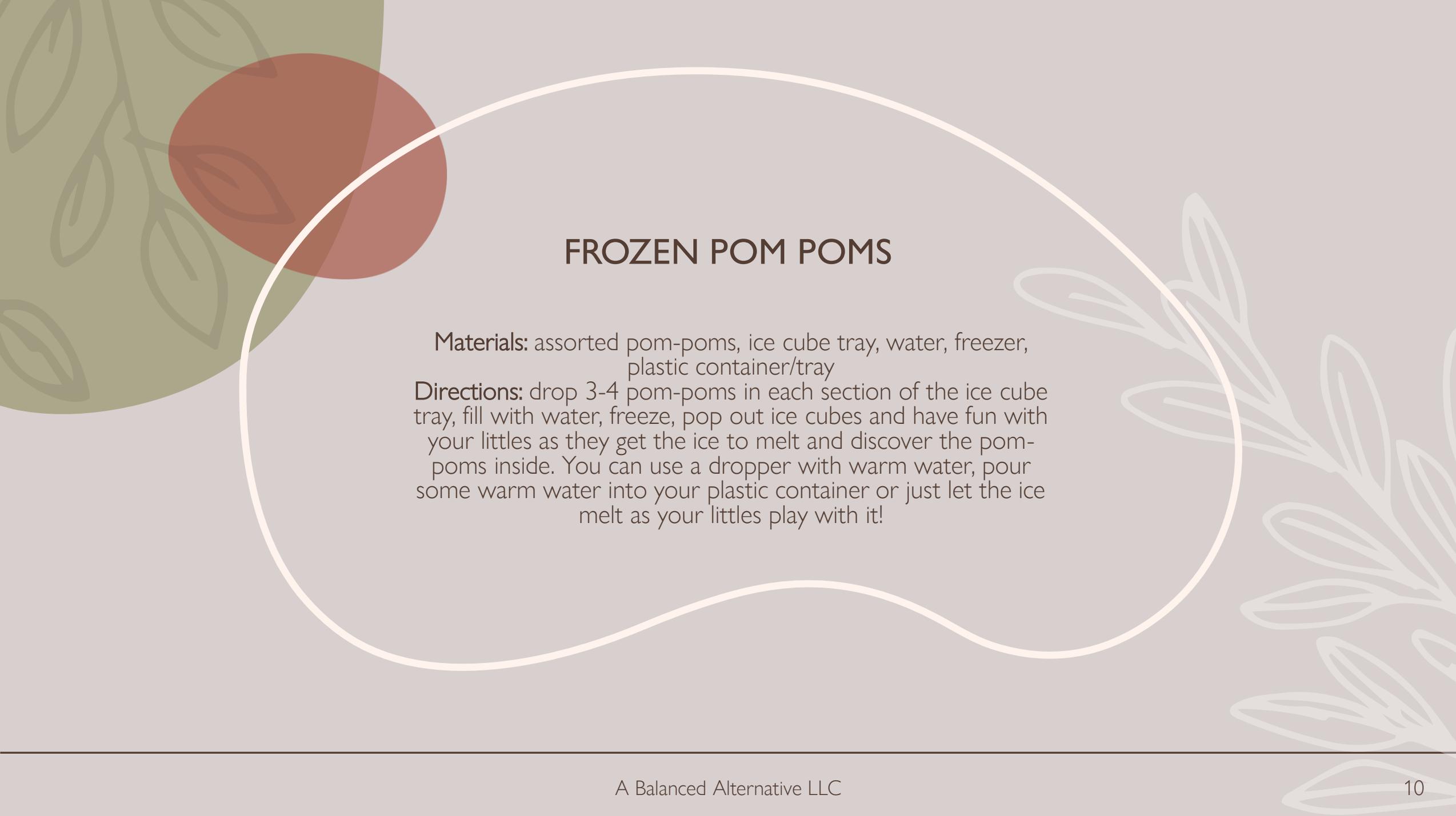
UGLY SWEATER STICKY WALL

Materials: contact paper, painter's tape, tacky sweater items (i.e. scrap paper, gems, foam cut outs, ribbon, tinsel), permanent markers

Directions: roll out a piece of contact paper, draw a sweater shape on the non sticky side, peel off back to contact paper, using painter's tape, tape contact paper sticky side out to a wall or window, have learners use assorted items to decorate the sweater!

Frozen pom-poms





FROZEN POM POMS

Materials: assorted pom-poms, ice cube tray, water, freezer, plastic container/tray

Directions: drop 3-4 pom-poms in each section of the ice cube tray, fill with water, freeze, pop out ice cubes and have fun with your littles as they get the ice to melt and discover the pom-poms inside. You can use a dropper with warm water, pour some warm water into your plastic container or just let the ice melt as your littles play with it!

Jingle bell sensory bin





JINGLE BELL SENSORY BIN

Materials: assorted jingle bells, magnetic wand, tinsel, pipe cleaners, plastic container

Directions: add all of these items to the plastic container for hours of fun with your little ones!

Christmas bow process art



Gift Bow Process Art





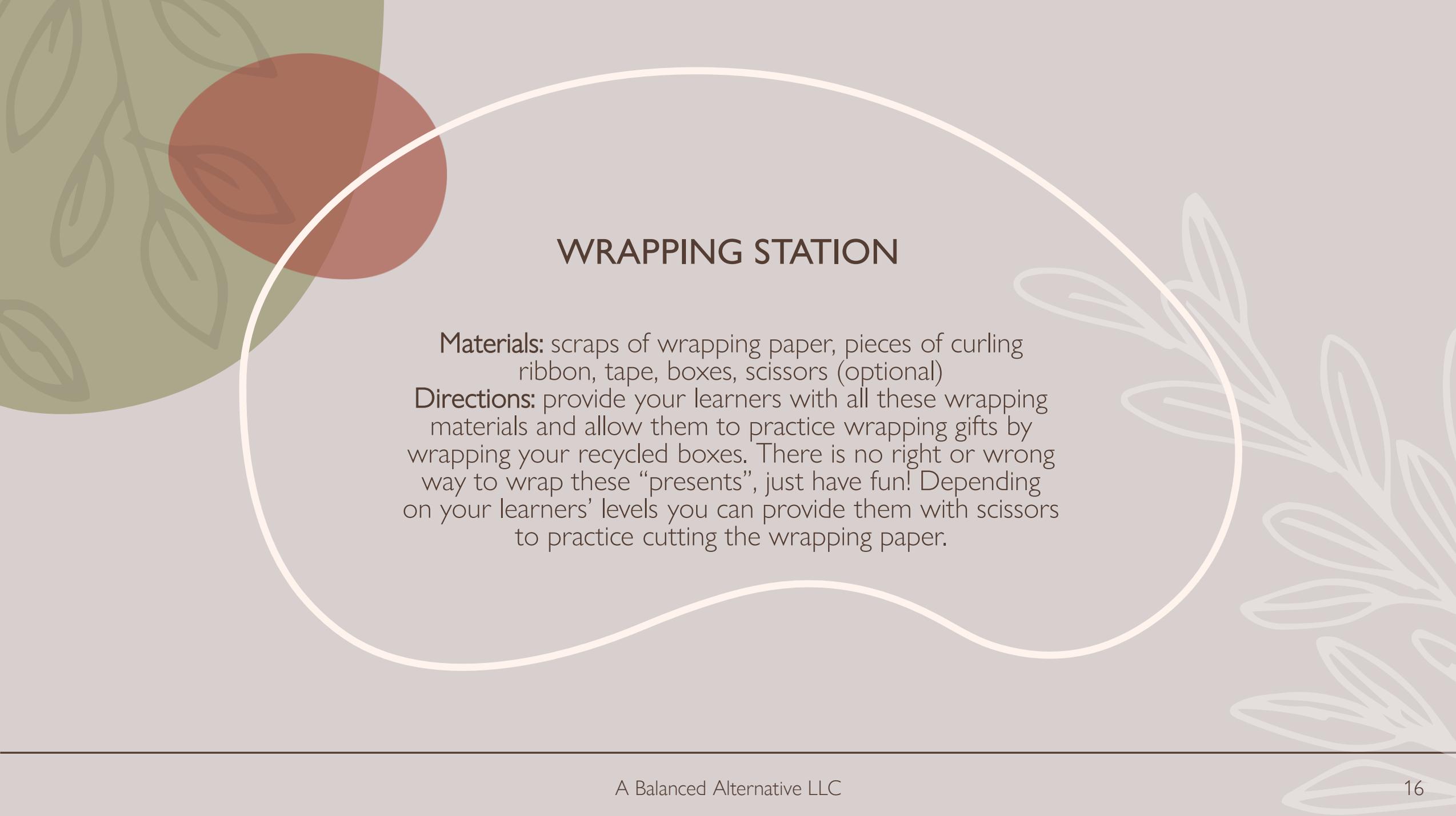
CHRISTMAS BOW PROCESS ART

Materials: assorted Christmas bows, popsicle sticks, paint, cardstock/construction paper, paper plate

Directions: depending on level of your littles you can use the bow as is or you can attach it to a popsicle stick so it is easier to maneuver, dip bow into paint, use bow as a paintbrush to create your masterpiece!

Wrapping station





WRAPPING STATION

Materials: scraps of wrapping paper, pieces of curling ribbon, tape, boxes, scissors (optional)

Directions: provide your learners with all these wrapping materials and allow them to practice wrapping gifts by wrapping your recycled boxes. There is no right or wrong way to wrap these “presents”, just have fun! Depending on your learners’ levels you can provide them with scissors to practice cutting the wrapping paper.

Wrapping paper sticky wall



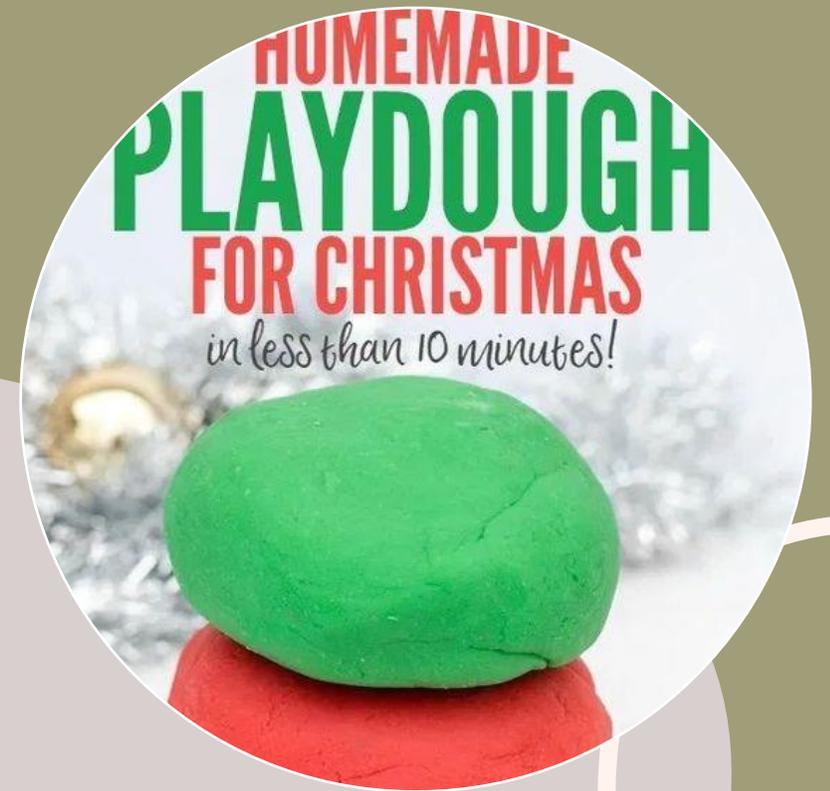


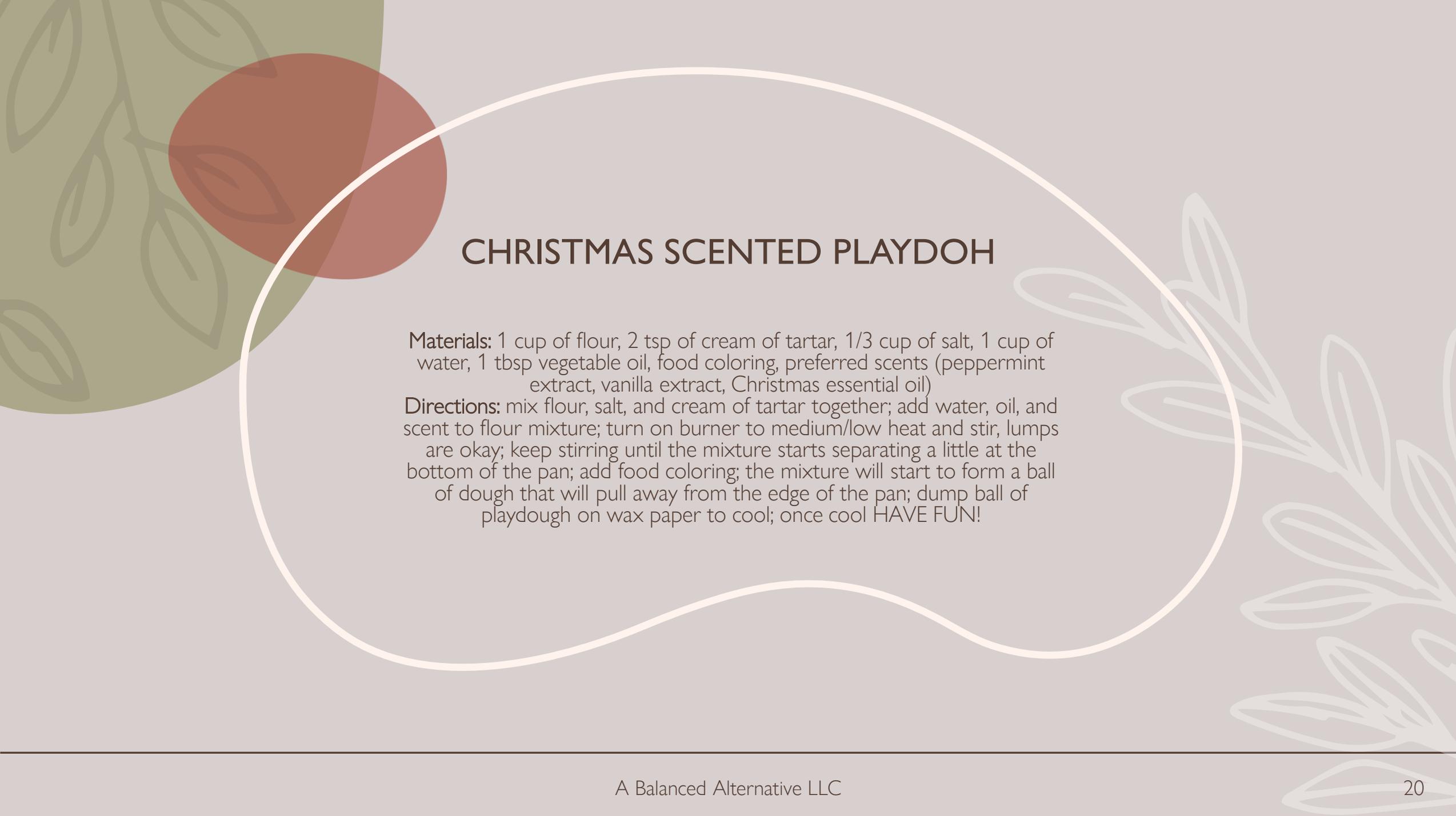
WRAPPING PAPER STICKY WALL

Materials: contact paper, painter's tape, Christmas bows

Directions: roll out a piece of contact paper, peel off back to contact paper, using painter's tape, tape contact paper sticky side out to a wall or window, have learners use Christmas bows to decorate!

Christmas scents playdoh





CHRISTMAS SCENTED PLAYDOH

Materials: 1 cup of flour, 2 tsp of cream of tartar, 1/3 cup of salt, 1 cup of water, 1 tbsp vegetable oil, food coloring, preferred scents (peppermint extract, vanilla extract, Christmas essential oil)

Directions: mix flour, salt, and cream of tartar together; add water, oil, and scent to flour mixture; turn on burner to medium/low heat and stir, lumps are okay; keep stirring until the mixture starts separating a little at the bottom of the pan; add food coloring; the mixture will start to form a ball of dough that will pull away from the edge of the pan; dump ball of playdough on wax paper to cool; once cool HAVE FUN!

Wrapping paper sensory bin



GIFT WRAP SENSORY



WRAPPING PAPER SENSORY BIN

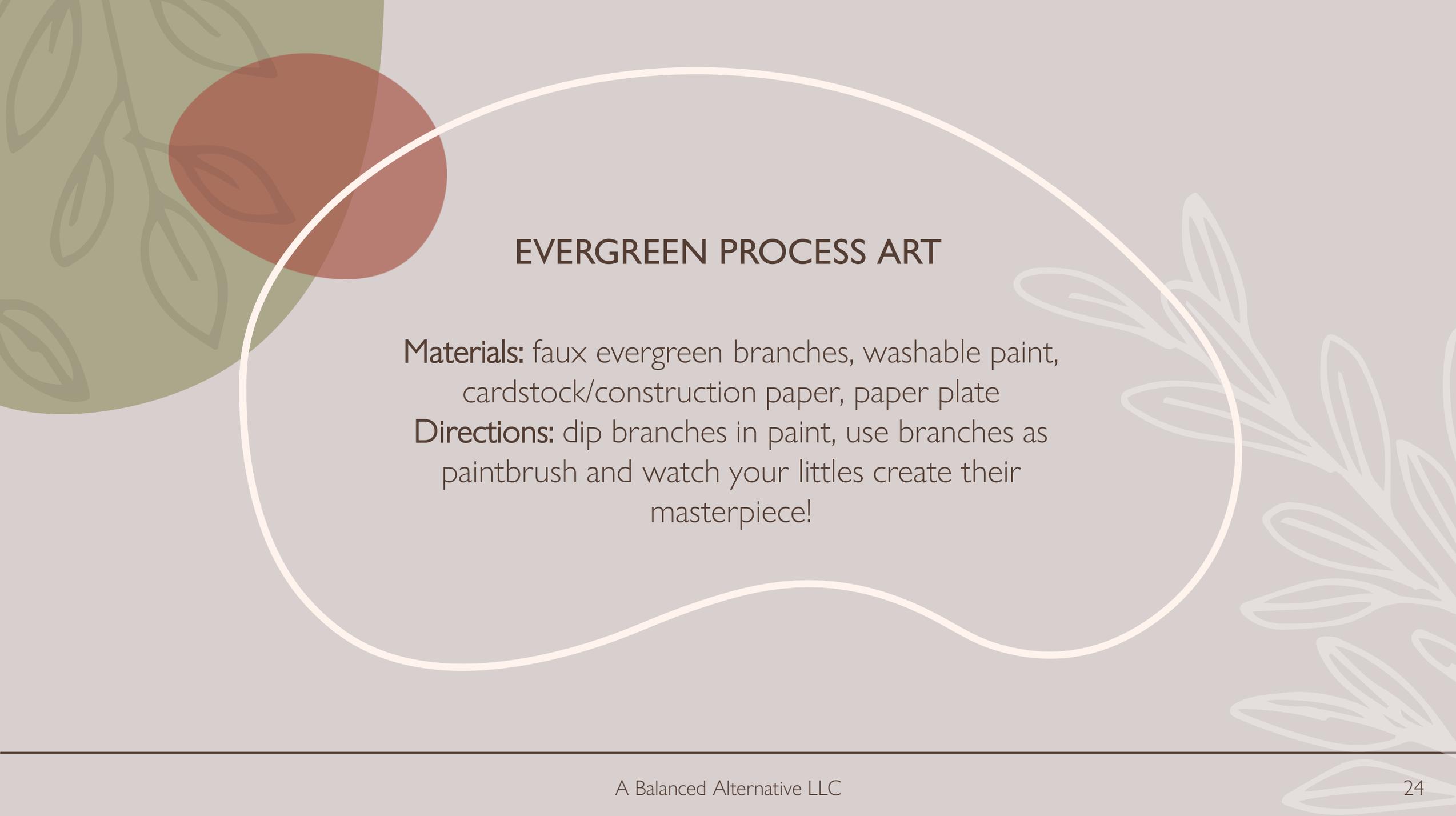
Materials: scraps of wrapping paper, pieces of curling ribbon, gift tags, Christmas bows

Directions: add all of these items to the plastic container for hours of fun with your little ones!

Evergreen process art



sensory painting
with pine boughs



EVERGREEN PROCESS ART

Materials: faux evergreen branches, washable paint, cardstock/construction paper, paper plate

Directions: dip branches in paint, use branches as paintbrush and watch your littles create their masterpiece!

Build your own Christmas Tree





BUILD YOUR OWN CHRISTMAS TREE

Materials: green playdoh, Christmas tree cookie cutter, beads, small Christmas bows, gems, sectioned tray (optional)

Directions: roll out playdoh, use cookie cutter to cut out tree, set all tree decorations out on sectioned tray and have your littles decorate their tree; so fun to see how different each one turns out!

Christmas tree sticky wall





CHRISTMAS TREE STICKY WALL

Materials: contact paper, green painters tape, Christmas bows, scrap ribbon, garland, scissors
Directions: cut out triangle shape piece of contact paper to fit the area of play; peel off back to contact paper, using painter's tape, tape contact paper sticky side out to a wall or window, have learners use assorted items to decorate the tree!

Evergreen water play





EVERGREEN WATER PLAY

Materials: faux evergreen branches, cranberries, pine cones, water, plastic container

Directions: add all materials to plastic bin; add water; and give your littles a whole new sensory experience with water!

Christmas tree sensory bin





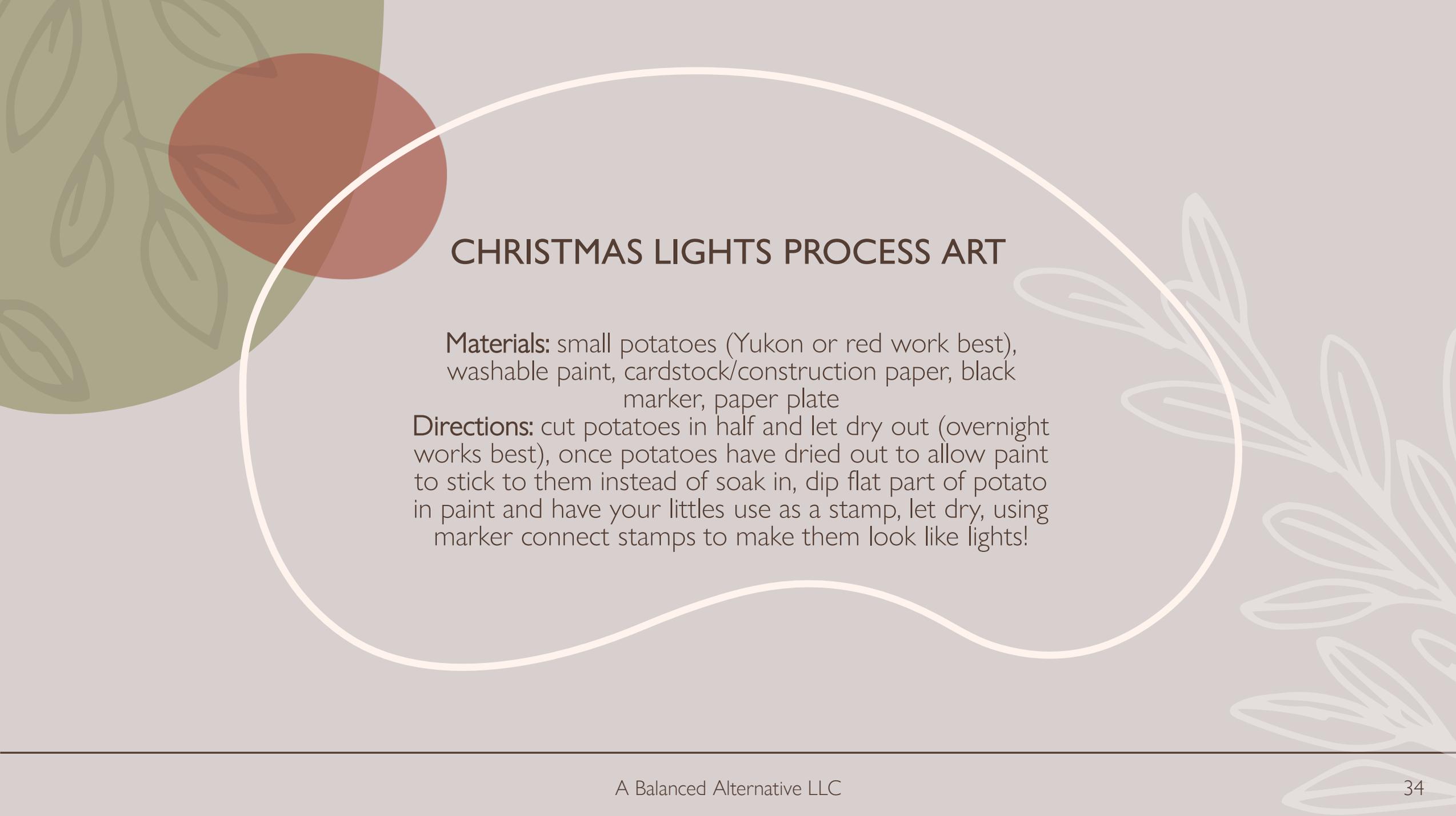
CHRISTMAS TREE SENSORY BIN

Materials: faux evergreen branches, plastic assorted ornaments, tinsel, garland, small play gifts

Directions: add all of these items to the plastic container for hours of fun with your little ones!

Christmas lights process art





CHRISTMAS LIGHTS PROCESS ART

Materials: small potatoes (Yukon or red work best), washable paint, cardstock/construction paper, black marker, paper plate

Directions: cut potatoes in half and let dry out (overnight works best), once potatoes have dried out to allow paint to stick to them instead of soak in, dip flat part of potato in paint and have your littles use as a stamp, let dry, using marker connect stamps to make them look like lights!

Build your
own reindeer





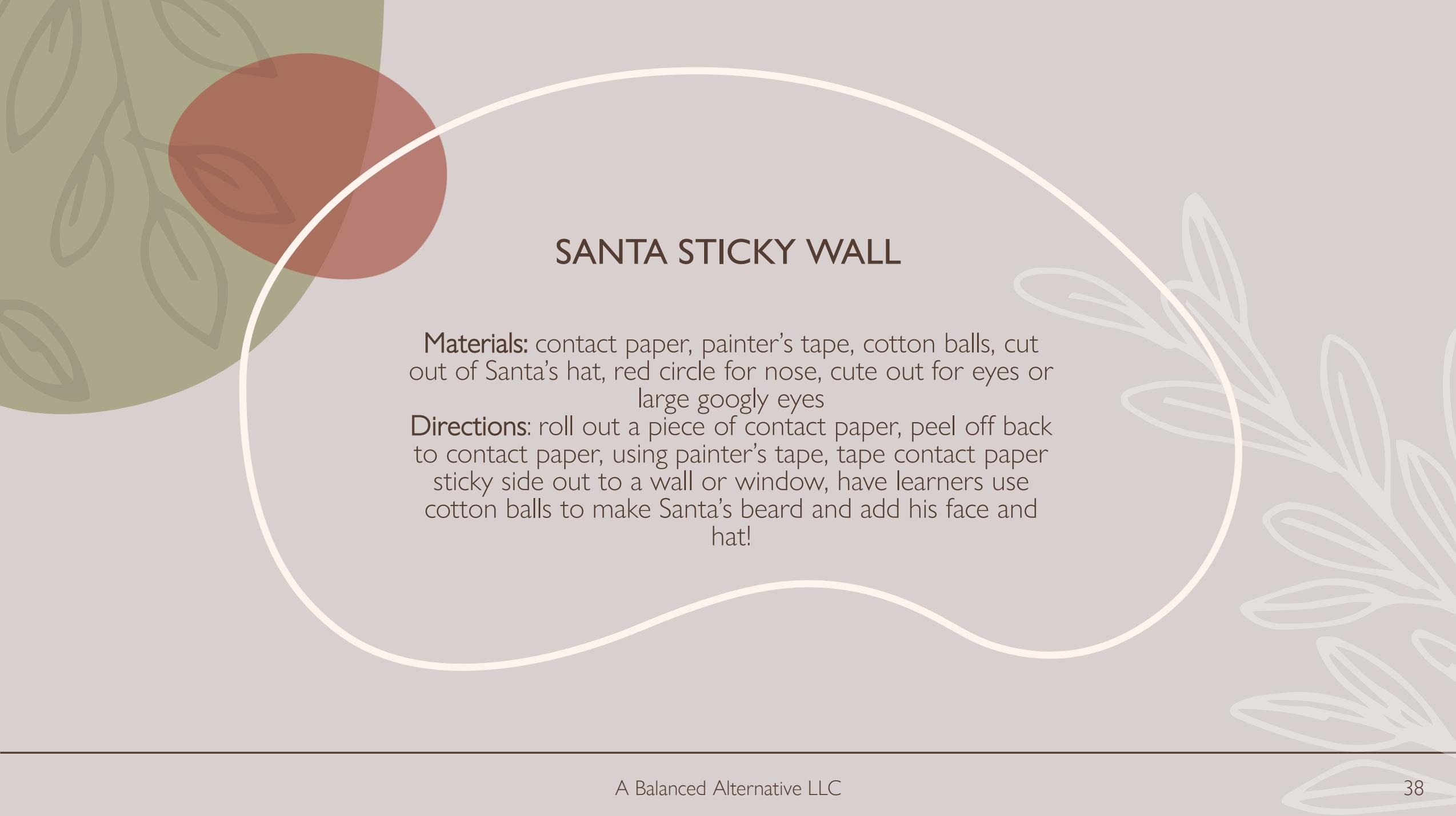
BUILD YOUR OWN REINDEER

Materials: brown playdoh, pipe cleaners, red and black beads or pom-poms, sectioned tray (optional)

Directions: roll playdoh into a ball, use pipe cleaners for antlers, beads or pom-poms are for the eyes and nose, have fun making all of Santa's reindeer, don't forget Rudolph's red nose!

Santa sticky wall





SANTA STICKY WALL

Materials: contact paper, painter's tape, cotton balls, cut out of Santa's hat, red circle for nose, cut out for eyes or large googly eyes

Directions: roll out a piece of contact paper, peel off back to contact paper, using painter's tape, tape contact paper sticky side out to a wall or window, have learners use cotton balls to make Santa's beard and add his face and hat!

Candy cane water play



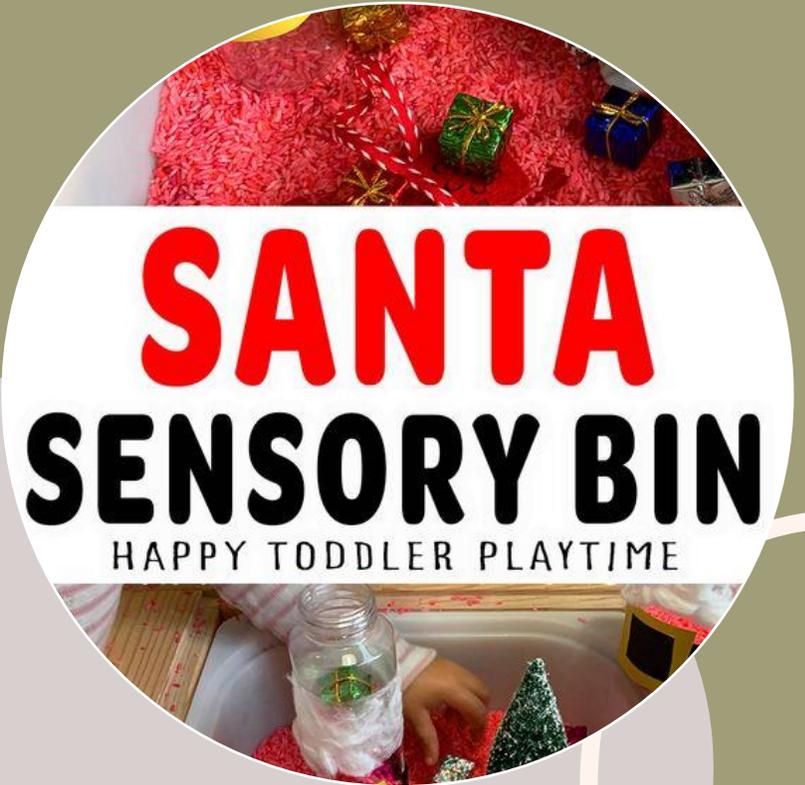


CANDY CANE WATER PLAY

Materials: candy canes, cups for pouring, water, plastic container

Directions: add all materials to plastic bin; add water; and give your littles a whole new sensory experience with water!

Santa sensory bin





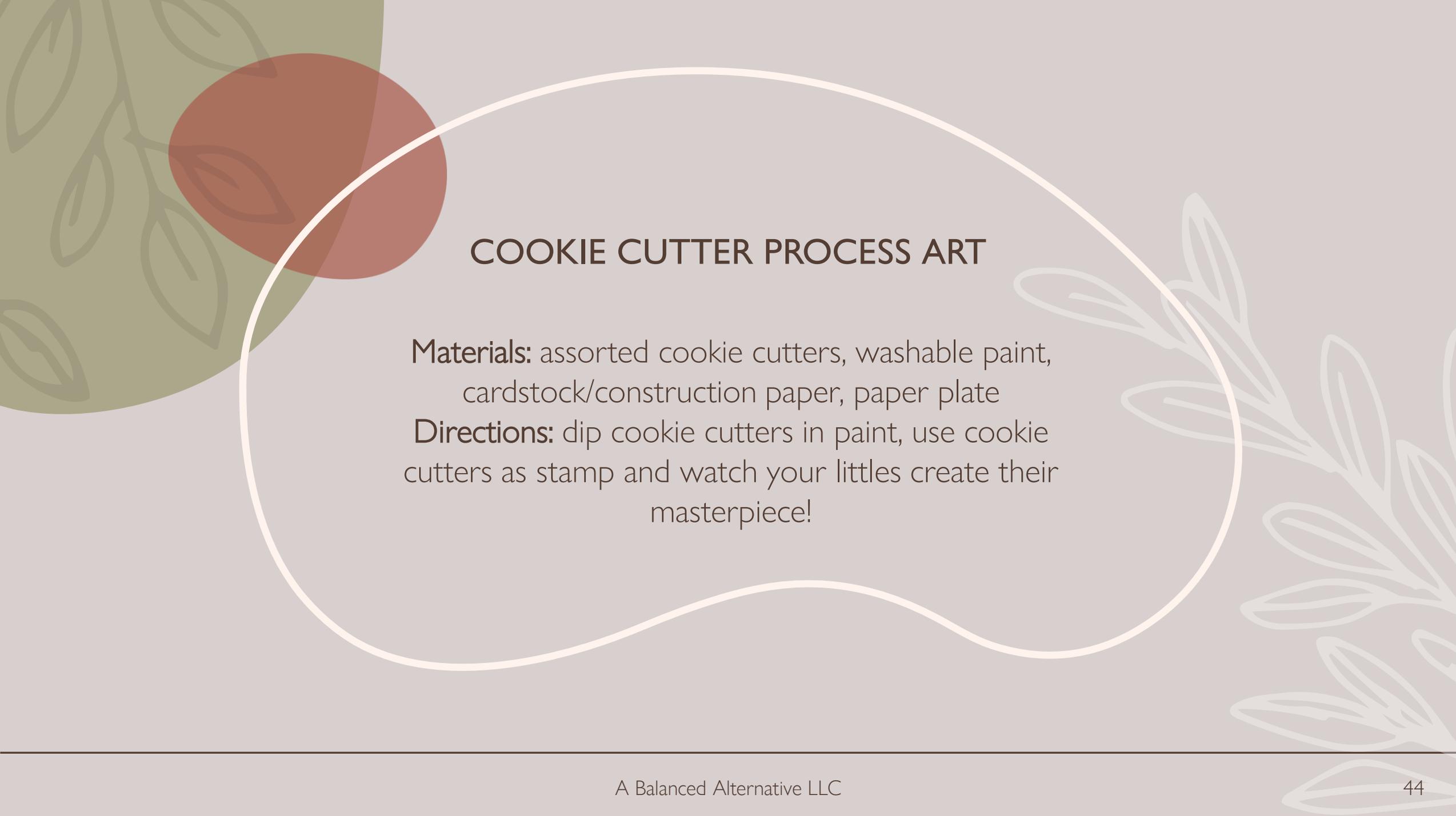
SANTA SENSORY BIN

Materials: red base (kidney beans, red dyed rice, red beads, etc.), small play presents, small bottle brush trees, cotton balls, small Santa hats

Directions: add all of these items to the plastic container for hours of fun with your little ones!

Cookie cutter process art





COOKIE CUTTER PROCESS ART

Materials: assorted cookie cutters, washable paint, cardstock/construction paper, paper plate

Directions: dip cookie cutters in paint, use cookie cutters as stamp and watch your littles create their masterpiece!

Build your own gingerbread house





BUILD YOUR OWN GINGERBREAD HOUSE

Materials: cardboard box, Velcro, scrap paper, pretend candy, candy canes, any other gingerbread decorations of choice

Directions: attach pieces of the rough side Velcro to all your decorations, using soft side Velcro as icing create strips on box where you want learners to be able to add their decorations, using flaps of box, create a roof for your house, now it's time to decorate! Have your learners use the assorted candies and paper to create a gingerbread house of their own and since you are using Velcro you can make as many varieties as you want!

Gingerbread sticky wall

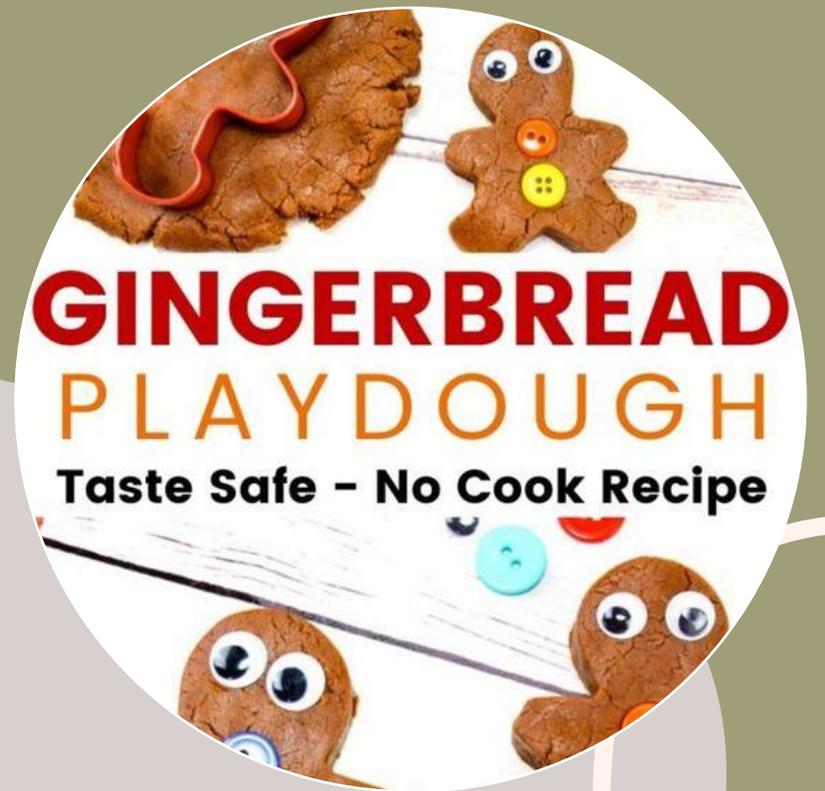


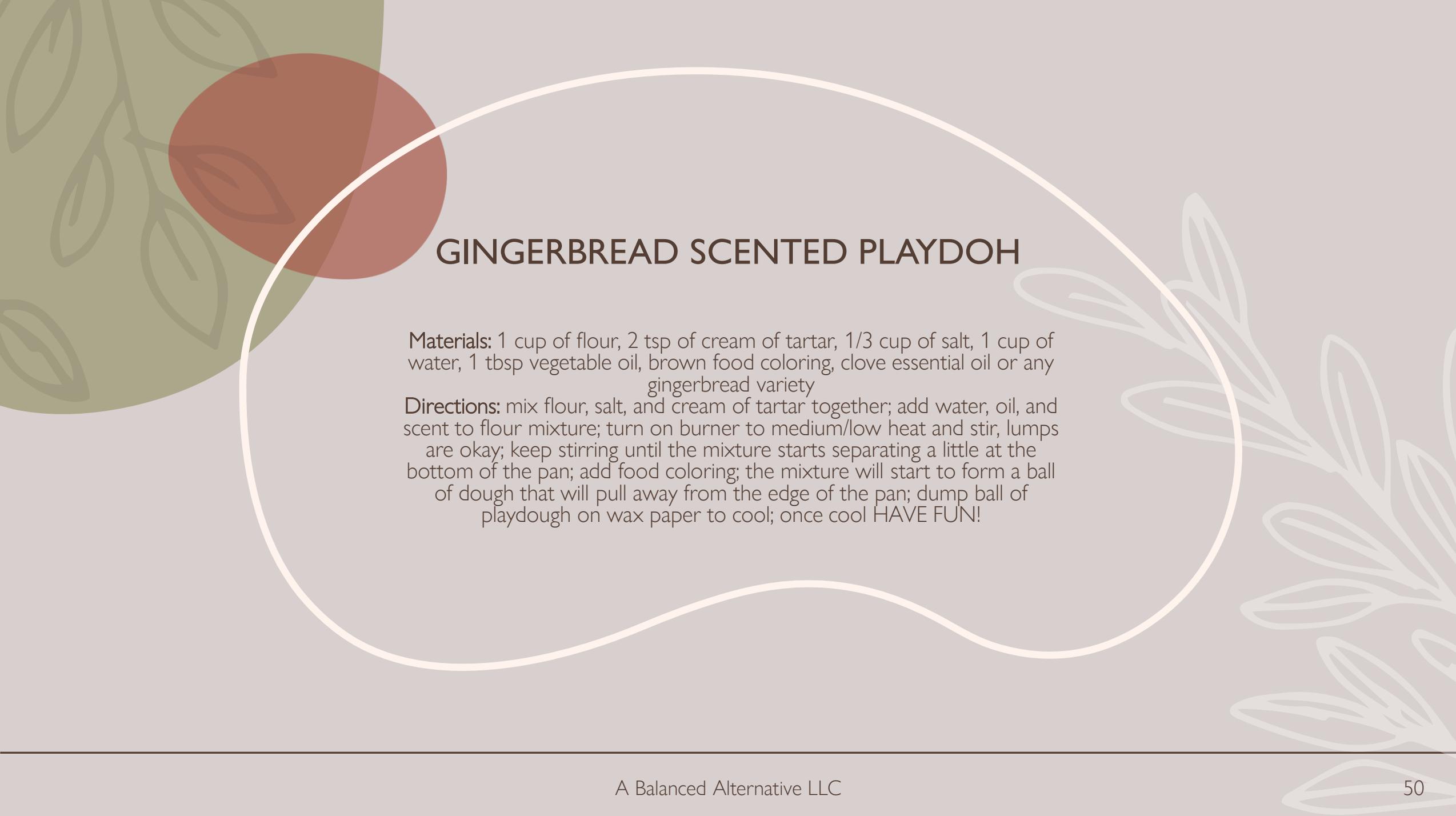


GINGERBREAD STICKY WALL

Materials: contact paper, painter's tape, gingerbread man cut out, scrap paper, paper circles, pom-poms, googly eyes
Directions: using painter's tape, tape gingerbread cutout to wall or window, roll out a piece of contact paper, peel off back to contact paper, using painter's tape, tape contact paper sticky side out over gingerbread man cutout, have learners use assorted items to decorate their gingerbread man!

Gingerbread scented playdoh





GINGERBREAD SCENTED PLAYDOH

Materials: 1 cup of flour, 2 tsp of cream of tartar, 1/3 cup of salt, 1 cup of water, 1 tbsp vegetable oil, brown food coloring, clove essential oil or any gingerbread variety

Directions: mix flour, salt, and cream of tartar together; add water, oil, and scent to flour mixture; turn on burner to medium/low heat and stir, lumps are okay; keep stirring until the mixture starts separating a little at the bottom of the pan; add food coloring; the mixture will start to form a ball of dough that will pull away from the edge of the pan; dump ball of playdough on wax paper to cool; once cool HAVE FUN!

Gingerbread sensory bin





GINGERBREAD SENSORY BIN

Materials: brown base (cocoa puffs, corn kernels, beans, brown rice, brown beads, etc.), Gingerbread cookie cutters, foam cutouts, wrapped candies, gingerbread men cutouts, wrapped candy canes, colorful beads

Directions: add all of these items to the plastic container for hours of fun with your little ones!



thank you

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look ahead

DAY ONE

Jingle bell **process art**

DAY TWO

Jingle bell **building**

DAY THREE

Ugly sweater **sticky wall**

DAY FOUR

Frozen pom poms

DAY FIVE

Jingle bell **sensory bin**

look ahead

DAY SIX

Christmas bow **process art**

DAY SEVEN

Wrapping **station**

DAY EIGHT

Wrapping paper **sticky wall**

DAY NINE

Christmas **scented playdoh**

DAY TEN

Wrapping paper **sensory bin**

look ahead

DAY ELEVEN

Evergreen process art

DAY TWELVE

Build your own Christmas tree

DAY THIRTEEN

Christmas tree sticky wall

DAY FOURTEEN

Evergreen water play

DAY FIFTEEN

Christmas tree sensory bin

look ahead

DAY SIXTEEN

Christmas lights **process art**

DAY SEVENTEEN

Build your own reindeer

DAY EIGHTEEN

Santa **sticky wall**

DAY NINETEEN

Candy cane **water play**

DAY TWENTY

Santa **sensory bin**

look ahead

DAY TWENTY
ONE

Cookie cutter **process art**

DAY TWENTY
TWO

Build your own gingerbread house

DAY TWENTY
THREE

Gingerbread **sticky wall**

DAY TWENTY
FOUR

Gingerbread **scented playdoh**

DAY TWENTY
FIVE

Gingerbread **sensory bin**
